**Personal information**

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| Name and surname: **Tayebe Mahvar** | D.O.B: **13 Sept. 1982** |
| Daughter of: **Nematollah** |  |
| Email: **Mandanamahvar@yahoo.com** | Phone: **+98-918133549** |

**Fields of interests:** Interpersonal skills, clinical and educational researchers, ethnography, aromatherapy, psychiatric nursing

**Educational background:**

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| --- | --- | --- | --- | --- |
| No | Title | Degree | Graduation year | Institute  |
| 1 | **Nursing** | **Bachelors’ degree** | **2004** | **Ahvaz University of Medical Sciences** |
| 2 | **Nursing (internal-operation room)** | **Masters’ degree** | **2012** | **Ahvaz University of Medical Sciences** |
| 3 | **Nursing PhD student** | **PhD** | **2014-2019** | **Iran University of Medical Sciences** |

**Work experiences:**

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| No. |  |  |
| 1 | Faculty board member at Kermanshah University of Medical Sciences (School of Nursing and Midwifery) | Since 2014 |
| 2 | Head of Nursing – Internal and Operation Room Dept., Kermanshah University of Medical Sciences (School of Nursing and Midwifery) | Since 2020 |
| 3 | Member of Bright Talents Office, Ahvaz University of Medical Sciences | 2010-2012 |
| 4 | Clinical trainer (temporary), School of Nursing and Midwifery, Kermanshah | 2005-2007 |
| 5 | Director of Health Evolution Committee of M.A.D. Ayatollah Taleghani, Kermanshah | 2014 |
| 6 | Director of Education and Skill Learning, and Effectiveness of M.A.D. Ayatollah Taleghani, Kermanshah  | 2013 |
| 7 | Member of Blood Bank Committee of M.A.D. Ayatollah Taleghani, Kermanshah | 2012 |
| 8 | Member of Children Committee (1-59 months old) of M.A.D. Ayatollah Taleghani, Kermanshah | 2013 |
| 9 | Secretariate of Educational Committee of M.A.D. Ayatollah Taleghani, Kermanshah | 2012 |
| 10 | Member of Quality Improvement Committee of M.A.D. Ayatollah Taleghani, Kermanshah | 2012 |
| 11 | Member of Medical File and IT Committee of M.A.D. Ayatollah Taleghani, Kermanshah | 2013 |
| 12 | Member of FMEA team of M.A.D. Ayatollah Taleghani, Kermanshah | 2013 |
| 13 | Clinical trainer- Iran University of Medical Sciences  | 2014-2017 |
| 14 | Clinical and educational supervisor of M.A.D. Ayatollah Taleghani, Kermanshah | 2010-2012 |
| 15 | Clinical nurse of different wards (ICU, internal, operation room, etc.) | 2004-2010 |

**Educational background**

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| No. |  | Year |
| 1 | Instructor of Nursing Bachelor Program  | Since 2014 |
| 2 | Instructor of Nursing Master Program  | Since 2019 |

**Projects and dissertations**

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| No. |  | Year |
| 1 | A comparative survey of quality of life and general health of diabetic/ non-diabetic patients with COVID-19 | 2nd advisor  |
| 2 | Examining the relationship between COVID-19 anxiety and hypochondriasis in nurses working in public Kermanshah-based hospitals  | 2nd advisor  |
| 3 | A comparison of the effect of lavender and Damas Rose on the quality of sleep in prehospital emergency ward nurses | 1st advisor  |
| 4 | Examining the effects of interpersonal skills on group work in prehospital emergency ward nurses  | 1st advisor  |
| 5 | Examining the effect of family-based empowerment using mobile-phone-based approach on resilience and social support of COVID-19 patients  | Research team member  |
| 6 | Examining the necessity of brain CT scan in patients visiting emergency ward at Taleghani Hospital-Kermanshah Province in 2019 | Mentor  |
| 7 | Validation of risk-awareness tool for cardiac disease in HDFQ diabetic patients  | Research team member |
| 8 | Culture of inter-personal relationship in ICU nurses: an ethnology study | PhD dissertation plan |
| 9 | Examining the pathological findings in CT Scan of patients with consciousness level 15 with skull trivial trauma  | 1st advisor  |
| 10 | A comparative examination of the effects of using e-d-c edible vitamin on glucose level and lipid level of blood in patients with diabetes type 2 visiting Kermanshah-based diabetes center in 2013 | 1st advisor  |
| 11 | Examining the effect of supine, quasi-siting, siting, lateral positions on arteries blood gas results and vital signs of patients in open heart operation ICU at Ahvaz Imam Khomeini Hospital in 2011 | Master dissertation plan |
| 12 | Inter-personal relationship of nurses in ICUs | Mentor  |
| 13 | The effect of spiritual care of nurses in cancer ward | Mentor  |
| 14 | Examining the necessity of brain CT Scan in patients visiting emergency ward of Taleghani Hospital, Kermanshah | Implementor of the project  |
| 15 | Nurse-nurse cooperation tool validity and reliability assessment  | Main member |
| 16 | A comparative survey of the effects of using E, C, and D edible vitamin on glucose and blood lipid in patients with diabetes type 2 | Implementor of the project |

**Awards**

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| No. |  | Year |
| 1 | Dean of Kermanshah University of Medical Sciences  | 2012, 2013, 2014 |
| 2 | Consultant of the dean of university in women affairs  | 2009-2010-2011 |
| 3 | Head of the School of Nursing and Midwifery, Kermanshah | 2014 |
| 4 | Head of M.A.D. Ayatollah Taleghani  | 2007, 2009, 2011, 2013, 2014 |

**Journal reviewer**

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| No. |  | Year |
| 1 | Editor, Iran Nursing Journal (Iran University of Medical Sciences) | 2015-2017 |

**Published works**

1. Electrocardiography for nurses, 2019
2. An introduction on interpretation and physiological of electrocardiography (editing and gathering), 2012.

**Papers (English and Farsi):**

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| --- | --- | --- | --- |
| INDEX  | Kind of article (original, review article, letter to editor, ...) | Information of article | N |
| Pubmed | Original | The effect of Pharyngeal Pack on the Incidence of nausea, Vomiting and sore throat during nasal surgery-Iranian journal of otorhinolaryngology-**Volume** 26, Issue 77, October 2014,219-223.(corresponding author) | *1* |
| *IsI(web of Science)*  | Original | *The effect of positioning on oxygenation after coronary artery bypass graft-.Life science journal-,vol 9, issue 3,2012,1426-1431. 1st author* | *2* |
| *IsI(web of Science)* | Original | *The effect of semi sitting and lateral positions on results of arterial blood gases and vital signs in patients undergoing coronary artery bypass graft surgery- Life science journal-,vol 9,issue 3,2012,1432-1437 (4th author)* | *3* |
| *IsI(web of Knowledge)* | Review  | *Review of oral suction effect befor switching on the incidence of ventilator – associated pneumonia in mechanically ventilated patients -National park-forschung in der schweiz- vol )102, issue 12,2013,1787-1795. corresponding author)* | *4* |
| *Isc* | Original | *Antibacterial activity of the ethanol and water extracts and investigating the chemical composition of different parts urtica dioical- science Road journal-,vol 2,issue2,2014,57-65. (corresponding author)* | *5* |
| *ISC* | Original | *Investigation of rate of occurrence of peripheral venous catheter infection in particular units of Taleghani hospital of Kermanshah- science Road journal, vol 2, issue 3,2014,65-70 (corresponding author)* | *6* |
| *Index medicus of WHO* | Original | *Laparoscopic cholecystectomy: effect in preoperative Gabapentin in prevention of postoperative pain after Professional Med J- vol 20, issue 5,2013,699-706.(corresponding author)* | *7* |
| *Index medicus of WHO* | Original | *The effect of positive, negative and zero inclinations on lumbosacral biomechanical angle-Report and opinion -vol 5,issue 9,2013,26-30 (corresponding author)* | *8* |
| *Pubmed* | Abstract  | Prevention of pressure ulcers in spinal cord injury -Injury & Violence Vol. 4, No 3(2012) *(4th author)* | *9* |
| *Pubmed* | Original | Comparative study of the vascular graft potency in upper and lower limbs in patients.-iranian journal of otorhinolaryngology-2014 (corresponding author) | *11* |
| *IsI(web of Science)* | Original |

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|  | Psychological needs of men under methadone maintenance treatment: A mixed method study-Heroin Addict Relat Clin Probl 2015 (3rd author) |

 | *13* |
| *Scientific-research*  | Original | The effectiveness of in-service training on cardiopulmonary resuscitation: report of first and second levels of Kirkpatrick's model. Development Strategies in Medical Education. 2016 Apr 10;3(1):67-72/////.3rd author | *14* |
| *Pubmed* | Original |  (1st author) Conflict management strategies in coping with students’ disruptive behaviors in the classroom: Systematized review. Journal of Advances in Medical Education & Professionalism. 2018 Jul;6(3):102. | *15* |
| Pubmed | Original |  Interpersonal Communication among Critical Care Nurses: an Ethnographic Study. Journal of caring sciences. 2020 Mar;9(1):57. 1st author | *16* |
| Scientific – research  | Original | Saeedi B, Mashalchin, Mahvar T, Sadethi B, Jamshidi M, 2020, frequency and types of pathological findings in brain CT scan of patients with head trauma and level 15 of consciousness in emergency wads a cross-sectional study, Iran Emergency Medicine Journal, Aug. 2020 1e34, corresponding author | *17* |
| Scientific – research  | Original | "The Health quality assessment patients whit Lumbar disc herniation, before and after Herniated Lumbar Disc surgery." (2020): 176-185./ corresponding author/ | *18* |
| IsI(web of Science) | Original | The relationship between hostility and anger with coronary heart disease in patients. Journal of Education and Health Promotion. 2020;9. (corresponding author) | *19* |
| Scopus | Original | Comparison of lower organ disorders between wrestlers with meniscal injury, anterior cruciate ligament (ACL) and healthy people in Kermanshah/2021(1st author) | *20* |
| ISI, Scopus | Original | The effects of various heel slopes on lumbosacral biomedical angles in students with hyper lordosis/2021/ corresponding author | 21 |
| IsI | Original | Culture of Interpersonal Communication in Intensive Care Unit Nurses: An Ethnographic Study/2021/ 1st author | 23 |
| Scientific research  | Original | The effect of Mentorship Program on Self-Esteem, Anxiety and Learning Clinical Skills of Emergency Medical Students: A Randomized Controlled 2021/ 3rd author | 24 |
| ISI, Scopus | Original | Correlation of computed tomography and intraoperative findings with clinical symptoms in head trauma patients 2021/ corresponding author | 25 |

**Papers submitted to conferences**

1. Prevention of pressure ulcers in spinal cord injury (Iran Brain and Nerve Surgent Congress, 2012).
2. Study of the complication rate of sexual and urinary dysfunctions in patients with spinal lesions at Taleghani Hospital, Kermanshah (Iran Spinal Cord Injuries Congress, 2012).
3. Examining the causes of trauma in children visiting Taleghani Hospital, Kermanshah 2012 (25th int’l congress of pediatric diseases and 11th national congress of pediatric nursing, 2013).
4. Effects of different position on oxygenation and vital signs after cabg surger (4th Int’l congress of pain and 6th annal congress of regional anesthesia and pain in Iran, 2013)
5. Examining fungal flora and frequency of fungal infections in the mouth of diabetic and non-diabetic patients (6th national congress of today-tomorrow hospital (2013).
6. Examining the prevalence of ulcer wound in ICU patients at Taleghani Kermanshah Hospital and comparing with international standards (7th int’l congress of ICU cares, 2013).
7. Examining the role of the time of initiating tubular nutrition in multi-trauma patients in 50-70 years range and GCS <7 in decreasing hospitalization term in ICU (elderly health national congress, 2012).
8. Examining the effect of supine, quasi-sitting, and lateral positions on oxygenation in the elderly under coronary bypass operation (elderly health national congress, 2013).
9. The effect of positioning on oxygenation after open heart surgery (2nd int’l congress of cardiovascular in Iran, 2013)
10. Investigation of the relationship between burnout and mental health of women teachers in girls schools of Kermanshah, (1st national congress of psychology in Iran, 2014, Isfahan University of Medical Sciences).
11. Examining nurses’ perception and obstacles of patient education from nurses’ viewpoint (3rd national congress of patient education and self-care 2014, Tehran Razi Congress Center).
12. A comparative survey of PhD education in Iran and the USA (2nd congress of nursing education examining in Iran, 2017, Iran University of Medical Sciences).
13. The culture of inter-personal relationship in ICU nurses, Aa ethnology study (4th national congress of sociocultural studies in Iranian society (Allame Tabatabaie University, School of Sociology, 2018).

**Implementation of or cooperation in research projects**

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| No | Title | Role | From | To | Place | Approved by |
| 1 | Examining spiritual care in children with cancer | Implementation  | 1400 | - | Taleghani Hospital – Kermanshah | Kermanshah University of Medical Sciences  |
| 2 | Examining the necessity of brain CT scan in patients visiting emergency ward of Taleghani Hospital, Kermanshah | Implementation | 2019 | 2020 | Taleghani Hospital – Kermanshah | Kermanshah University of Medical Sciences  |
| 3 | Validation of risk awareness of cardiac diseases in diabetic patients |  Colleague  | 2020 | - | Shushtar School of Nursing  | Shushtar School of Nursing |
| 4 | Inter-personal Relationship Culture in ICU nurses; an ethnology study | Implementor  | 2017 | 2019 | Iran University of Medical Sciences | Iran University of Medical Sciences |
| 5 | Validation of nurse-nurse cooperation tool | Colleague  | 2016 | 2019 | Iran University of Medical Sciences | Iran University of Medical Sciences |
| 6 | Examining pathological findings through brain CT Scan in patients with consciousness level 15 with trivial skull trauma | Implementor  | 2013 | 2015 | Taleghani Hospital – Kermanshah | Kermanshah University of Medical Sciences  |
| 7 | A comparative examination of the effects of using e-d-c edible vitamin on glucose level and lipid level of blood in patients with diabetes type 2 visiting Kermanshah-based diabetes center in 2013 | Implementor  | 2013 | 2015 | Diabetes Research Center, Kermanshah | Kermanshah University of Medical Sciences |
| 8 | Examining the effect of supine, quasi-siting, siting, lateral positions on arteries blood gas results and vital signs of patients in open heart operation ICU at Ahvaz Imam Khomeini Hospital in 2011 | Colleague (dissertation project) | 2011 | 2012 | Ahvaz Imam Khomeini Hospital | Ahvaz University of Medical Sciences  |

**Participating in holder educational classes/workshops/seminars/ congresses**

* Introduction to nursing PhD program in Iran and other countries (2021)- lecturer, Kermanshah University of Medical Sciences, online workshop).
* Effective communication skill workshop (2018)- lecturer, Iran University of Medical Sciences.
* Effective communication skill workshop (2017)- lecturer, Iran University of Medical Sciences.
* Effective communication skill workshop (2016)- lecturer, Iran University of Medical Sciences.
* Programming and running to educational and research workshop on nursing strategic guideline (one of joint projects of WHO biannual programs (2016), Ministry of Health of Iran.
* Nursing basic concept conference (2014) – lecturer.
* CPR advanced workshop (2014)- lecturer.
* Diabetes and nursing care workshop (2014) – lecturer and academic secretariate

**Participation in conferences and workshops:**

1. Workshop of using databases outside university (VPN), Iran University of Medical Sciences, Tehran, 2016.
2. Mix method Research workshop - Iran University of Medical Sciences, Tehran, 2016.
3. Five-day workshop of qualitative research method - Iran University of Medical Sciences, Tehran, 2016.
4. Workshop of ethics in research - Iran University of Medical Sciences, Tehran, 2016.
5. Workshop of Max-QD - Iran University of Medical Sciences, Tehran, 2016.
6. Educational and research workshop about nursing strategic guideline (one of joint projects of WHO biannual programs (2016), Ministry of Health of Iran).
7. Workshop on effective communication skills - Iran University of Medical Sciences, Tehran, 2017.
8. Workshop on effective communication skills - Iran University of Medical Sciences, Tehran, 2016.
9. Workshop on teaching ethics - Iran University of Medical Sciences, Tehran, 2016.
10. Workshop on medical ethics - Iran University of Medical Sciences, Tehran, 2016.
11. Workshop on paper writing - Iran University of Medical Sciences, Tehran, 2015.
12. Workshop on advance CPR - Kermanshah University of Medical Sciences, 2014
13. Workshop on nursing cares in dialysis patients – Kermanshah University of Medical Sciences, 2012.
14. One-day conference on ergonomic and occupational diseases in health services systems - Kermanshah University of Medical Sciences, 2012.
15. Diabetes and cares conference - Kermanshah University of Medical Sciences, 2012.
16. Cardiovascular conference and nursing cares - Kermanshah University of Medical Sciences, 2012.
17. HIV omni-care principles conference - Kermanshah University of Medical Sciences, 2011.
18. One-day conference on oxygen therapy and acute respiratory problems - Kermanshah University of Medical Sciences, 2011.
19. Educational workshop on digital library portal - Kermanshah University of Medical Sciences, 2011.
20. Workshop on self-awareness and sympathy skills - Kermanshah University of Medical Sciences, 2011
21. National congress of elderly health, 2012.
22. The fourth international congress of pain and sixth annual regional congress of anesthesia and pain in Iran, 2013.
23. The sixth national congress of today-tomorrow hospital (hospice infections and challenges), 2013.
24. Spinal cord congress in Iran, 2012.
25. Nursing and laws congress, 2010.
26. National ICU congress, 2011.
27. Sixth int’l congress of heart surgeons in Iran, 2009